



St Augustine's Priory, House of Prayer, Cliff Rd, Old Colwyn, CONWY, N. Wales LL29 9RW

# CONTEMPLATIVE RETREATS

Led by Fr. Anton Altnoeder SJ & Team  
at the above address

These Retreats, with individual daily guidance, are for those seeking an Introduction to the Contemplative Way of Praying & Living and to the Jesus Prayer, in the way of Fr Franz Jalics SJ.

This style is also called a school for meditation rooted in the personal lived experience of Fr. Franz Jalics SJ and his retreat work as Director of Haus Gries Retreat House which he founded in Germany in 1984.

*Franz Jalics says, 'There are many paths to contemplation. I show you one of them. I'm conscious of the fact that God leads many people to contemplation without any external help. Frequently he uses natural circumstances. A simple life of love, some years on a sickbed, a brush with death, the leaving of one's homeland in order to live among the poor, and other events can lead to contemplation. I do not want to exalt my way above others. On the contrary I am very happy that they exist and I appreciate them. I myself have walked the way I describe: should it help someone else to find his or her way I am satisfied.'*

**2019**

**20<sup>th</sup> - 29<sup>th</sup> March 2019**

**20<sup>th</sup> - 29<sup>th</sup> May 2019**

**19<sup>th</sup> -28<sup>th</sup> September 2019**

Each Retreat stands alone and each has a Suggested  
Offering of: £600

For further information and an Application Form  
email the Administrator at: [enquiries@houseofprayer.org.uk](mailto:enquiries@houseofprayer.org.uk)  
Tel: 01492 514223